

FEMALE · LEADERSHIP ·
PROGRAMM ·

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**THE “FEMALE LEADERSHIP PROGRAMM”
ENCOURAGES PARTICIPANTS TO DEVELOP THEIR
POTENTIAL AND (SELF) LEADERSHIP SKILLS –
ALL DIGITAL AND PRACTICALLY APPLICABLE.**

**NEXT START DATE: OCTOBER 10, 2022
REGISTRATION DEADLINE: SEPTEMBER 12, 2022**



WHOM IS THE PROGRAM FOR?

- Women in positions of responsibility
- With at least 1 year of professional experience
- Who have a desire for personal growth



HOW DOES IT WORK?

FLEXIBILITY

- Easily compatible with work and family life
- No time off necessary
- Completely digital participation in the program
- Content can be worked on at own pace
- Videos and live sessions can also be accessed online later

IMMERSIVE LEARNING EXPERIENCE

- Daily videos and matching exercises
- 6 digital, personal mastermind group sessions
- 177-page workbook - printed and digital
- Audio guide with motivational impulses
- 5 live online seminars
- Access to the exclusive members area
- Access to the graduates-only LinkedIn group
- Personal voice messages



WHAT ARE THE RESULTS?

- An improved ability to structure and organize
- New perspectives on responsibility and initiative
- Proactive communication skills
- Successful conflict management
- Strengthened external perception
- Transposing skills and mindset into the participants' team
- Increased quality of work



WHAT ARE THE COURSE CONTENTS?

- Mindset: formulating goals, self-reflection, mindfulness, creating change proactively
- Communication: building strong relationships, building trust, setting boundaries, conflict management, tools for the team
- Self management: prioritizing, delegating, using routines personally and in the team
- Leadership: making decisions, communicating with clarity, new work tools for team and personal development



WHAT DOES IT COST?

€ 1,595.00 plus VAT.
(Payment in installments possible: 3 installments of € 580)

PROGRAM CONTENTS



October 3rd to 9th 2022

PRE-COURSE COURSE PREPERATION

- Introductory video:
Welcome
- Meet up with the
mastermind group

October 17th to 23rd 2022

WEEK 2 RELATIONSHIP BUILDING & COMMUNICATION

- Live online training
- Online seminar:
Storytelling & visibility
- Mastermind session

October 31st to November 6th 2022

WEEK 4 COMMUNICATION & LEADERSHIP TECHNIQUES

- Live online training
- Online seminar:
Self management
- Mastermind session

October 10th to 16th 2022

WEEK 1 MINDSET & INNER WORK

- Live online training
- Online seminar:
Communication & Feedback
- Mastermind session

October 24th to 30th 2022

WEEK 3 MANAGEMENT & SELFMANAGEMENT

- Live online training
- Online seminar:
Setting boundaries
- Mastermind session

November 7th to 13th 2022

WEEK 5 DECISION MAKING & COMPASS

- Live online training
- Online seminar:
Team leadership
- Mastermind session

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QUESTIONS ABOUT THE PROGRAM?

Ann-Christiane Doms will be happy to help you.

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female-leadership-programm.de

registration deadline: September 12, 2022